

I started taking your C60 after hearing you speak to KElmer. I was drawn to your discussion of energy/vibration and intention and knew it was important that I take your version of C60. I have been taking C60 for approximately a year.

I started with Purple Power and I liked that version very much but could not afford it (I am a retired Elder who works part time to make ends meet). I tried 3 other kinds and finally settled on C60 Labs (from Iowa in the U.S.). I was not as delighted with it as with the Purple Power, but it was significantly better than the 2 other brands I tried.

I took about 5ml per day because that was as much as I could afford to consume and still be able to take it in a consistent manner. I felt it was helping with general health and energy and as an elder with a few persistent health problems, I was happy to have C60 in my life.

THEN I tried your C60 and I must say it is significantly different than any other version I have tried. I am almost through the 1st bottle and will tell you my early observations. First, at this time, I cannot take more than approximately 1.4 ml without it strongly affecting my physical self. The response I have when I take closer to 2 ml is what I would label as a strong reaction that is a deep healing and uncomfortable generalized unsteadiness that is hard to define [downtime? bringing up old emotions to clear them?]. If I stop all plans and settle down to meditate, I can breath through it.

The meditation is usually quite profound and spiritual in nature. It has happened to me twice. Not that I knew what it was or what caused it the 1st time it happened. I just felt "weird" and off and did not go to work because I was unsteady in a general way (physical and mentally). The 2nd time I tracked it better and muscle tested my suspions. Yep, it was your C60 and me thinking I should up it to 2 ml.

I had started with 1 ml as you suggested in your enclosed paperwork. I thought that was very small but wanted to follow your directions and go up as needed to 1.4 ml. I did not feel tingles or a strong sense of energy etc but did feel more grounded. As time has progressed, I believe I am more balanced in my masculine/feminine aspects of self. I am less prone to excessive emotional responses (still emotional but more balanced and better recovery of emotional events like the death of a dear friend and the loss of a position at work due to attrition). I feel the emotions but can quickly come to a "glass half full" and "what have I learned" thinking/feeling approach to strongly challenging life events.

My health is stronger as in my immune response seems stronger, physical challenges feel easier to handle/recover from. Where I work, the physical environment is challenging (old building/poor air/ancient carpet not cleaned etc). Many people and much respiratory illness that spreads and then respreads as people get re-infected. I have gone through this set of events relatively unscathed and have not had a cold for this season.

You mentioned in one of your newsletters that you have heard from your customers about physical changes but not much on vibration/balanced emotions/balanced masculine and feminine changes. I waited to write because while those kinds of changes are more subtle and harder to observe as changes, I believe I have witnessed them in myself. I meditate and work on my own self improvement pretty much on a daily basis. I think that consistent observation of self has helped me recognize and track the above subtle changes.

I am VERY grateful for your work and your approach to creating C60 and wanted to say thank you. As I continue to observe my own changes, if they are significant or even just a continuous but observable steady set of changes - I will keep you posted. I look forward to eventually trying your elixir (when I have saved enough money - it will happen, I have faith). Again thank you for the work that you are doing. Sincerely, [D.R.S] - North Carolina, United States